

Trauma Consultation Program

For almost two decades, the Trauma Consultation Program has been in the forefront providing mental health professionals training in traumatic stress disorders. The program focuses on both the treatment of acute trauma and the treatment of the pervasive impact of childhood abuse and neglect evident in Complex PTSD. Meeting once a month from September through June, the group format provides case consultation, didactic presentations on the fundamentals of trauma treatment, and allows time to focus on the impact of the work on clinicians.

Our faculty are recognized experts in the field of trauma and dissociative disorders.

Important Dates

Application Deadline:
August 15, 2016

Year One All-Day Workshop:
September 25, 2016

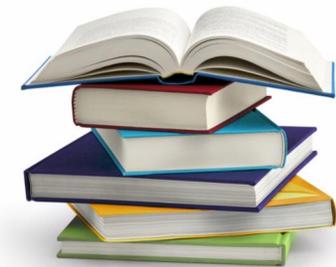
Year Two All-Day Workshop:
September 11, 2016

Womencare Counseling Center

1740 Ridge Avenue
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Trauma Consultation Program 2016-2017



Womencare
counseling center



Options

Director Biographies

Laurie Kahn, MA, LCSW

Laurie is the founder and director of Womencare Counseling Center, established in 1978. She is an internationally recognized speaker on trauma, post-traumatic stress disorder and issues of importance to women. Laurie has trained numerous practitioners throughout the Chicago area.

Janet Migdow, PhD, LCPC

Janet is the founder of Options Counseling in Chicago. In private practice for 35 years, Janet specializes in the treatment of trauma survivors and Dissociative Disorders. An international presenter and writer, Janet is also president of the Illinois Chapter of the International Society for the study of Trauma and Dissociation.

What past participants say

- ◆ *“The program is very helpful in reflecting on work with trauma clients and improving my awareness of how it impacts me and how I can mitigate the negative stress.”*
- ◆ *“This is a safe and skilled space to grow clinically and professionally.”*

Curriculum

FOUNDATIONS—YEAR ONE

The first-year program begins with a day-long workshop, *Foundations in the Treatment of Trauma*, followed by monthly, two-hour consultation groups. The curriculum will provide the foundation for the treatment of trauma, integrating case consultation, didactic presentations and reflection. Topics include: Vicarious Trauma, Resiliency and Assessment, Empathic Alliance and Therapeutic Contracts, Pacing and Affect Regulation, and Attachment Dilemmas.

ADVANCED TREATMENT ISSUES—YEAR TWO

The second-year program begins with a day-long workshop, *Advanced Issues in the Treatment of Trauma*, followed by monthly, two-hour consultation groups. While continuing to integrate case consultation and reflection on vicarious trauma, the curriculum will focus on the complexities of the therapeutic relationship, with special attention to traumatic transference, countertransference and empathic strain. Topics include: Traumatic Memory and Dissociation, Victim-Perpetrator Dynamics, and Termination Issues in Trauma Treatment.

CONTINUING CONSULTATION

Advanced trauma clinicians who complete the two year program may be invited to participate in ongoing group consultation to continue to deepen their skills in a safe environment.

Additional Information

- Groups meet one Friday every month, 2 hours per meeting
- September—June
- \$950 tuition; payment arrangements available
- Groups limited to 8-10 participants
- Up to 24 CEU's available
- Held at Womencare Counseling Center, 1740 Ridge Ave., Suite 201, Evanston
- Initial interview required before starting date
- Applications available for download at www.womencarecounseling.com/trauma-consultation-program.htm
- For more info call 847-475-7003 x22

